

SAFELY WEARING AND USING A MASK



BEFORE PUTTING ON A MASK, CLEAN HANDS WITH SOAP AND WATER OR ALCOHOL-BASED HAND RUB



PUTTING ON MASK

- Hold the mask by the ear loops and place a loop around each ear
 - Cover mouth and nose with the mask and make sure there are no gaps between your face and the mask
 - Don't wear makeup/lip color under mask
 - Be mindful that excessive facial hair/beards may deteriorate mask integrity
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AVOID TOUCHING THE MASK WHILE USING IT; IF YOU DO, CLEAN YOUR HANDS AGAIN WITH SOAP AND WATER OR ALCOHOL-BASED HAND RUB



REMOVING MASK – REMEMBER TO REMOVE IT FROM BEHIND (DO NOT TOUCH THE FRONT OF MASK). HOLD BOTH OF THE EAR LOOPS AND GENTLY LIFT AND REMOVE THE MASK